

September

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> cinnamon crumbles zee zees berry apple bar (df) <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> snow flurries cereal (df) zac omega fruit-filled blackberry bar (df) <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> yogurt & honey grahams multigrain cheerios & zac strawberry bar <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> lemon muffin dipperdoodle bar (df) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> cinnamon chex & zac apple bar blueberry burst muffin <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> plain bagel & cream cheese honey grahams & cinnamon rumbles (df) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> cheerios & dipperdoodle bar zee zees berry apple bar (df) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> blueberry bagel & cream cheese lemon muffin <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> cinnamon crumbles honey buttons cereal (df) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> cinnamon grahams & cinnamon rumbles plain bagel & cream cheese <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> banana muffin zac omega fruit filled strawberry bar (df) <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> cocoa critters cereal (df) honey grahams & cinnamon rumbles (df) <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> french toast muffin zac omega fruit-filled blackberry bar (df) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> cinnamon crumbles yogurt & granola <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> plain bagel & cream cheese dipperdoodle bar (df) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> multigrain cheerios & zac strawberry bar blueberry burst muffin <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> cinnamon chex & zac apple bar zee zees berry apple bar (df) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> lemon muffin cinnamon "dipperdoodle" bar & string cheese <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> snow flurries cereal (df) blueberry bagel & cream cheese <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> banana muffin cheerios & dipperdoodle bar <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> yogurt & cinnamon grahams zac omega fruit filled strawberry bar (df) <p style="text-align: right;">29</p>

Did You Know?

Studies show students who eat breakfast do better on school tests! A hungry tummy can distract kids from learning.

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

This institution is an equal opportunity provider



September

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> • HOT sausage & cheddar bagel • cinnamon crumbles • zee zees berry apple bar (df)
<ul style="list-style-type: none"> • snow flurries cereal (df) • zac omega fruit-filled blackberry bar (df) <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • yogurt & honey grahams • multigrain cheerios & zac strawberry bar <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • HOT turkey, cheddar cheese & omelet gordita • lemon muffin • dipperdoodle bar (df) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • HOT egg, cheese & sausage quesadilla • cinnamon chex & zac apple bar • blueberry burst muffin <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • HOT cheesy omelet • plain bagel & cream cheese • honey grahams & cinnamon rumbles (df) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> • cheerios & dipperdoodle bar • zee zees berry apple bar (df) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • HOT french toast sticks • blueberry bagel & cream cheese • lemon muffin <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • HOT breakfast panada pie • cinnamon crumbles • honey buttons cereal (df) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • HOT cheesy bean breakfast burrito (v) • cinnamon grahams & cinnamon rumbles • plain bagel & cream cheese <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • HOT cinnamon toast bagel • banana muffin • zac omega fruit filled strawberry bar (df) <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> • cocoa critters cereal (df) • honey grahams & cinnamon rumbles (df) <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • HOT cheesy omelet • french toast muffin • zac omega fruit-filled blackberry bar (df) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • HOT southwest chorizo & cheese brekwich • cinnamon crumbles • yogurt & granola <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • HOT cheddar cheese & omelet gordita • plain bagel & cream cheese • dipperdoodle bar (df) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • HOT buttermilk pancakes • multigrain cheerios & zac strawberry bar • blueberry burst muffin <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> • cinnamon chex & zac apple bar • zee zees berry apple bar (df) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • HOT omelet and french toast sticks • lemon muffin • cinnamon "dipperdoodle" bar & string cheese <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • HOT turkey, pepperjack cheese & omelet gordita • snow flurries cereal (df) • blueberry bagel & cream cheese <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • HOT egg, cheese & sausage quesadilla • banana muffin • cheerios & dipperdoodle bar <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • HOT sausage & cheddar brekwich • yogurt & cinnamon grahams • zac omega fruit filled strawberry bar (df) <p style="text-align: right;">29</p>

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September

PRESCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> • HOT sausage & cheddar bagel • cinnamon crumbles
<ul style="list-style-type: none"> • cheerios <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • yogurt & honey grahams <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • HOT turkey, cheddar cheese & omelet gordita • lemon muffin <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • HOT egg, cheese & sausage quesadilla • Corn Chex <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • HOT cheesy omelet • plain bagel & cream cheese <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> • cheerios <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • HOT french toast sticks • blueberry bagel & cream cheese <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • HOT breakfast panada pie • cinnamon crumbles <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • HOT cheesy bean breakfast burrito (v) • plain bagel & cream cheese <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • HOT cinnamon toast bagel • banana muffin <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> • yogurt & granola <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • HOT cheesy omelet • french toast muffin <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • HOT southwest chorizo & cheese brekwich • cinnamon crumbles <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • HOT cheddar cheese & omelet gordita • plain bagel & cream cheese <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • HOT buttermilk pancakes • cheerios <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> • Corn Chex <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • HOT omelet and french toast sticks • lemon muffin <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • HOT turkey, pepperjack cheese & omelet gordita • blueberry bagel & cream cheese <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • HOT egg, cheese & sausage quesadilla • banana muffin <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • HOT sausage & cheddar brekwich • yogurt & cinnamon grahams <p style="text-align: right;">29</p>

Did You Know?

Studies show students **1** who eat breakfast do better on school tests! A hungry tummy can distract kids from learning.

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

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Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> cinnamon crumbles zee zeas berry apple bar (df)
<ul style="list-style-type: none"> Corn Chex & Mini Dipperdoodle zac omega fruit-filled blackberry bar (df) 	<ul style="list-style-type: none"> yogurt & honey grahams MultiGrain Cheerios, Zac Attack Straw 	<ul style="list-style-type: none"> banana muffin dipperdoodle bar (df) 	<ul style="list-style-type: none"> Cinnamon Chex, Zac Attack Straw blueberry burst muffin 	<ul style="list-style-type: none"> plain bagel & cream cheese honey grahams & cinnamon rumbles (df)
4	5	6	7	8
<ul style="list-style-type: none"> Cheerios, Mini Dipperdoodle zee zeas berry apple bar (df) 	<ul style="list-style-type: none"> blueberry bagel & cream cheese lemon muffin 	<ul style="list-style-type: none"> cinnamon crumbles zac omega fruit-filled blackberry bar (df) 	<ul style="list-style-type: none"> cinnamon grahams & cinnamon rumbles plain bagel & cream cheese 	<ul style="list-style-type: none"> banana muffin zac omega fruit filled strawberry bar (df)
11	12	13	14	15
<ul style="list-style-type: none"> Corn Chex & Mini Dipperdoodle honey grahams & cinnamon rumbles (df) 	<ul style="list-style-type: none"> french toast muffin zac omega fruit-filled blackberry bar (df) 	<ul style="list-style-type: none"> cinnamon crumbles yogurt & granola 	<ul style="list-style-type: none"> plain bagel & cream cheese dipperdoodle bar (df) 	<ul style="list-style-type: none"> MultiGrain Cheerios, Zac Attack Straw blueberry burst muffin
18	19	20	21	22
<ul style="list-style-type: none"> Cinnamon Chex, Zac Attack Apple zee zeas berry apple bar (df) 	<ul style="list-style-type: none"> lemon muffin cinnamon "dipperdoodle" bar & string cheese 	<ul style="list-style-type: none"> zac omega fruit filled strawberry bar (df) blueberry bagel & cream cheese 	<ul style="list-style-type: none"> banana muffin Cheerios, Mini Dipperdoodle 	<ul style="list-style-type: none"> yogurt & cinnamon grahams zac omega fruit filled strawberry bar (df)
25	26	27	28	29

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September

PRESCHOOL UNITIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				• cinnamon crumbles
• Corn Chex	• yogurt & honey grahams	• banana muffin	• blueberry burst muffin	• plain bagel & cream cheese
4	5	6	7	8
• cheerios	• blueberry bagel & cream cheese	• cinnamon crumbles	• plain bagel & cream cheese	• banana muffin
11	12	13	14	15
• yogurt & granola	• french toast muffin	• cinnamon crumbles	• plain bagel & cream cheese	• Multigrain Cheerios
18	19	20	21	22
• Corn Chex	• lemon muffin	• blueberry bagel & cream cheese	• banana muffin	• yogurt & cinnamon grahams
25	26	27	28	29

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Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

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Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> kickin' chicken parm pasta mac & cheese and bbq chicken sunny sandwich kit (sunbutter & jelly) (v) turkey & cheddar sandwich df by request (chicken salad sandwich) glazed carrots <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> crispy chicken sandwich (df) spaghetti marinara (v) ham & cheese sandwich <p>blanched broccoli (chilled) & warm chicken bites</p> <ul style="list-style-type: none"> cheese enchilada plate (v) chicken bites (df) honey mustard salad with grilled chicken turkey & cheddar sandwich <p>steamed corn</p>	<ul style="list-style-type: none"> bfast for lunch: pancakes & omelet (v) meatless "sausage" calzoni bbq chicken wrap turkey & cheddar sandwich df by request (chicken salad sandwich) celery sticks with ranch 	<ul style="list-style-type: none"> beef cheeseburger buffalo chicken sandwich veggie chef's salad (v) chicken salad sandwich (df) lettuce & tomatoes red chile chicken tamale firecracker chicken & noodles chicken "pizza party" salad southwest veggie wrap (v) blanched broccoli with ranch beans (chilled) chicken quesadilla brast for lunch: pancakes & cnicken sausage garden ranch salad with chicken sunny sandwich kit (sunbutter & jelly) (v) df by request (chicken salad sandwich) lettuce & tomatoes 	<ul style="list-style-type: none"> chicken potstickers (df) chorizo & cheese eggwich (egg sandwich) honey mustard chicken wrap sunny sandwich kit (sunbutter & jelly) (v) steamed corn the revolution dog (df) sloppy joe (df) sesame chicken salad egg salad sandwich (v) (df) coleslaw chicken teriyaki (df) jerk dumstick & pineapple carrot rice veggie taco salad (v) turkey & cheddar sandwich baby carrots & edamame beans (chilled) the revolution dog (df) oven roasted chicken sandwich (df) chicken caesar salad ham & cheese sandwich blanched broccoli (chilled) 	<ul style="list-style-type: none"> green chile & cheese tamale (v) general tso's chicken mighty meaty deli combo sandwich garden ranch salad with chicken df by request (chicken salad sandwich) glazed carrots beefy bean & cheese burrito cheesy ravioli (v) Santa Fe Chili Chicken & Black Bean Wrap cheddar cheese sandwich (v) df by request (chicken salad sandwich) steamed carrots kickin' chicken melt bean & cheese quesadilla (v) ham & cheese sandwich chillin' chinese chicken noodles df by request (chicken salad sandwich) glazed carrots jumbo caribbean meatball & rice (df) buffalo chicken pizza southwest veggie wrap (v) chicken salad sandwich (df) glazed carrots <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> beef cheeseburger cheese pizza (v) sesame chicken wrap (df) mighty meaty deli combo sandwich <p>steamed corn</p>	<ul style="list-style-type: none"> chicken taco trio pepperjack cheeseburger veggie taco salad (v) ham & cheese sandwich df by request (egg salad sandwich) baby carrots & seasoned black beans (chilled) chicken quesadilla turkey cheddar flatbread melt honey mustard chicken wrap egg salad sandwich (v) (df) sliced cucumber with ranch lone star bbq chicken sandwich mac & cheese and chicken sausages veggie chef's salad (v) mighty meaty deli combo sandwich df by request (chicken salad sandwich) baby carrots & warm pinto beans 	<ul style="list-style-type: none"> bbq chicken drumstick honey mustard salad with grilled chicken egg salad sandwich (v) (df) green chile & cheese tamale (v) bbq chicken drumstick honey mustard salad with grilled chicken egg salad sandwich (v) (df) steamed corn 	<ul style="list-style-type: none"> chicken teriyaki (df) jerk dumstick & pineapple carrot rice veggie taco salad (v) turkey & cheddar sandwich baby carrots & edamame beans (chilled) the revolution dog (df) oven roasted chicken sandwich (df) chicken caesar salad ham & cheese sandwich blanched broccoli (chilled) 	<ul style="list-style-type: none"> kickin' chicken melt bean & cheese quesadilla (v) ham & cheese sandwich chillin' chinese chicken noodles df by request (chicken salad sandwich) glazed carrots jumbo caribbean meatball & rice (df) buffalo chicken pizza southwest veggie wrap (v) chicken salad sandwich (df) glazed carrots <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> chicken bites (df) creamy pasta alfredo (v) bbq chicken wrap turkey & cheddar sandwich <p>celery sticks with ranch</p>	<ul style="list-style-type: none"> lone star bbq chicken sandwich mac & cheese and chicken sausages veggie chef's salad (v) mighty meaty deli combo sandwich df by request (chicken salad sandwich) baby carrots & warm pinto beans 	<ul style="list-style-type: none"> green chile & cheese tamale (v) bbq chicken drumstick honey mustard salad with grilled chicken egg salad sandwich (v) (df) steamed corn 	<ul style="list-style-type: none"> chicken teriyaki (df) jerk dumstick & pineapple carrot rice veggie taco salad (v) turkey & cheddar sandwich baby carrots & edamame beans (chilled) the revolution dog (df) oven roasted chicken sandwich (df) chicken caesar salad ham & cheese sandwich blanched broccoli (chilled) 	<ul style="list-style-type: none"> kickin' chicken melt bean & cheese quesadilla (v) ham & cheese sandwich chillin' chinese chicken noodles df by request (chicken salad sandwich) glazed carrots jumbo caribbean meatball & rice (df) buffalo chicken pizza southwest veggie wrap (v) chicken salad sandwich (df) glazed carrots <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> chicken bites (df) creamy pasta alfredo (v) bbq chicken wrap turkey & cheddar sandwich <p>celery sticks with ranch</p>	<ul style="list-style-type: none"> lone star bbq chicken sandwich mac & cheese and chicken sausages veggie chef's salad (v) mighty meaty deli combo sandwich df by request (chicken salad sandwich) baby carrots & warm pinto beans 	<ul style="list-style-type: none"> green chile & cheese tamale (v) bbq chicken drumstick honey mustard salad with grilled chicken egg salad sandwich (v) (df) steamed corn 	<ul style="list-style-type: none"> chicken teriyaki (df) jerk dumstick & pineapple carrot rice veggie taco salad (v) turkey & cheddar sandwich baby carrots & edamame beans (chilled) the revolution dog (df) oven roasted chicken sandwich (df) chicken caesar salad ham & cheese sandwich blanched broccoli (chilled) 	<ul style="list-style-type: none"> kickin' chicken melt bean & cheese quesadilla (v) ham & cheese sandwich chillin' chinese chicken noodles df by request (chicken salad sandwich) glazed carrots jumbo caribbean meatball & rice (df) buffalo chicken pizza southwest veggie wrap (v) chicken salad sandwich (df) glazed carrots <p style="text-align: right;">29</p>

Did You Know?

Revolution Foods serves fresh food made with real ingredients. There's a lot you won't find in our meals including: No artificial colors, flavors, or sweeteners. No high fructose corn syrup, MSG. No partially or fully hydrogenated fats or oils. No added nitrites/nitrates.

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> • kickin' chicken parm pasta • mac & cheese and bbq chicken • sunny sandwich kit (sunbutter & jelly) (v) • df by request (chicken salad sandwich) ◦ glazed carrots <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> • crispy chicken sandwich • spaghetti marinara (v) • ham & cheese sandwich <p>◦ blanched broccoli (chilled) 4</p>	<ul style="list-style-type: none"> • bfast for lunch: pancakes & omelet (v) • meatless "sausage" calzoni • bbq chicken wrap • df by request (chicken salad sandwich) ◦ sliced cucumber with ranch <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • beef cheeseburger • cheese pizza (v) • chicken salad sandwich (df) <p>◦ lettuce & tomatoes 6</p>	<ul style="list-style-type: none"> • chicken potstickers (df) • chorizo & cheese eggwich (egg sandwich) • sunny sandwich kit (sunbutter & jelly) (v) <p>◦ steamed corn 7</p>	<ul style="list-style-type: none"> • green chile & cheese tamale (v) • general tso's chicken • mighty meaty deli combo sandwich • df by request (chicken salad sandwich) ◦ glazed carrots <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> • cheese enchilada plate (v) • chicken bites (df) • turkey & cheddar sandwich <p>◦ steamed corn 11</p>	<ul style="list-style-type: none"> • chicken taco trio • pepperjack cheeseburger • egg salad sandwich (v) (df) ◦ warm diced carrots / diced carrots (chilled) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • red chile chicken tamale • firecracker chicken & noodles • southwest veggie wrap (v) <p>◦ blanched broccoli with ranch (chilled) 13</p>	<ul style="list-style-type: none"> • oven roasted chicken sandwich (df) • sloppy joe (df) • egg salad sandwich (v) (df) <p>◦ coleslaw 14</p>	<ul style="list-style-type: none"> • beefy bean & cheese burrito • cheesy ravioli (v) • Santa Fe Chili Chicken & Black Bean Wrap • df by request (chicken salad sandwich) ◦ steamed carrots <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> • beef cheeseburger • cheese pizza (v) • sesame chicken wrap (df) <p>◦ steamed corn 18</p>	<ul style="list-style-type: none"> • mac & cheese and chicken bites • turkey cheddar flatbread melt • egg salad sandwich (v) (df) ◦ sliced cucumber with ranch <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • bbq chicken quesadilla • five cheese lasagna (v) • sunny sandwich kit (sunbutter & jelly) (v) • df by request (chicken salad sandwich) ◦ lettuce & tomatoes <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • chicken teriyaki (df) • meatless "sausage" calzoni • mighty meaty deli combo sandwich ◦ warm diced carrots / diced carrots (chilled) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • kickin' chicken melt • bean & cheese quesadilla (v) • ham & cheese sandwich • df by request (chicken salad sandwich) ◦ glazed carrots <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> • chicken bites (df) • creamy pasta alfredo (v) • bbq chicken wrap <p>◦ sliced cucumber with ranch 25</p>	<ul style="list-style-type: none"> • lone star bbq chicken sandwich • five cheese lasagna (v) • mighty meaty deli combo sandwich • df by request (chicken salad sandwich) ◦ warm diced carrots / diced carrots (chilled) <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • green chile & cheese tamale (v) • chicken taco trio • honey mustard chicken wrap • df by request (egg salad sandwich) <p>◦ steamed corn 27</p>	<ul style="list-style-type: none"> • beef cheeseburger • oven roasted chicken sandwich (df) • ham & cheese sandwich <p>◦ blanched broccoli (chilled) 28</p>	<ul style="list-style-type: none"> • jumbo caribbean meatball & rice (df) • buffalo chicken pizza • southwest veggie wrap (v) <p>◦ glazed carrots 29</p>

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No partially or fully hydrogenated fats or oils
No added nitrites/nitrates

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

◦ Vegetable of the day

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September

FIELD TRIP LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> turkey & cheddar sandwich cheddar cheese sandwich (v) <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> ham & cheese sandwich cheddar cheese sandwich (v) 	<ul style="list-style-type: none"> turkey & cheddar sandwich cheddar cheese sandwich (v) <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> chicken salad sandwich (df) cheddar cheese sandwich (v) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> turkey & cheddar sandwich cheddar cheese sandwich (v) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> ham & cheese sandwich cheddar cheese sandwich (v) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> chicken salad sandwich (df) cheddar cheese sandwich (v) <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> ham & cheese sandwich cheddar cheese sandwich (v) <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> turkey & cheddar sandwich cheddar cheese sandwich (v) <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> chicken salad sandwich (df) cheddar cheese sandwich (v) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> ham & cheese sandwich cheddar cheese sandwich (v) <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> turkey & cheddar sandwich cheddar cheese sandwich (v) <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> mighty meaty deli combo sandwich cheddar cheese sandwich (v) <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> chicken salad sandwich (df) cheddar cheese sandwich (v) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> ham & cheese sandwich cheddar cheese sandwich (v) <p style="text-align: right;">29</p>

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Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

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Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> honey grahams string cheese <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> pretzel goldfish educational snacks <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> zac attack apple fruit-filled bar honey wheat crackers with string cheese <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> sunflower seeds ranch rumbles six grain crackers <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> Hot & Spicy Goldfish Cheese Crackers & Juice cinnamon grahams <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> zac attack strawberry fruit-filled bar cinnamon rumbles six grain crackers <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> salsa fresca rumbles six grain crackers cinnamon grahams <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> cheddar goldfish zac attack apple fruit-filled bar <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> strawberry or strawberry-banana yogurt dipperdoodle bar <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> ranch rumbles six grain crackers educational snacks <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> blazin hots sunflower seeds Colored Goldfish Cheese Crackers & Fruit <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> zac attack strawberry fruit-filled bar honey wheat crackers with 100% fruit juice <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> sunflower seeds pretzel goldfish <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> cinnamon rumbles six grain crackers zac attack apple fruit-filled bar <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> Hot & Spicy Goldfish Cheese Crackers & Fruit honey grahams <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> salsa fresca rumbles six grain crackers educational snacks with string cheese <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> blazin hots sunflower seeds cheddar goldfish <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> ranch rumbles six grain crackers cinnamon grahams <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> strawberry or strawberry-banana yogurt dipperdoodle bar <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> cinnamon rumbles six grain crackers zac attack strawberry fruit-filled bar <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> Colored Goldfish Cheese Crackers & Fruit honey wheat crackers with string cheese <p style="text-align: right;">29</p>

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Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

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Monday	Tuesday	Wednesday	Thursday	Friday
				• string cheese
• pretzel goldfish	• honey wheat crackers with string cheese	• ranch rumbles six grain crackers	• Hot & Spicy Goldfish Cheese Crackers & Juice	• cinnamon rumbles six grain crackers
4	5	6	7	8
• salsa fresca rumbles six grain crackers	• cheddar goldfish	• strawberry or strawberry-banana yogurt	• ranch rumbles six grain crackers	• Colored Goldfish Cheese Crackers & Fruit
11	12	13	14	15
• honey wheat crackers with 100% fruit juice	• pretzel goldfish	• cinnamon rumbles six grain crackers	• Hot & Spicy Goldfish Cheese Crackers & Fruit	• salsa fresca rumbles six grain crackers
18	19	20	21	22
• cheddar goldfish	• ranch rumbles six grain crackers	• strawberry or strawberry-banana yogurt	• cinnamon rumbles six grain crackers	• Colored Goldfish Cheese Crackers & Fruit
25	26	27	28	29

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Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> mac & cheese and chicken sausages southern bbq chicken sandwich sunny sandwich chet kit (sunbutter & jelly) (v) chicken ranch wrap df by request (chicken salad sandwich) <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> cheese enchilada plate (v) chicken potstickers (df) ham & cheese sandwich supper power kit! ranch rumbles, educational snacks, string cheese. <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> the revolution dog (df) cheesy ravioli (v) bbq chicken wrap chicken salad sandwich (df) <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> Buffalo Chicken Pizza cheesy chicken quesadilla veggie chef's salad (v) mighty meaty deli combo sandwich df by request (chicken salad sandwich) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> mac & cheese and chicken sausages bean & cheese burrito (v) sunny sandwich chet kit (sunbutter & jelly) (v) Tiki Teriyaki Chicken Wrap <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> firecracker chicken & noodles five cheese lasagna (v) garden ranch salad with chicken egg salad sandwich (v) (df) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> cheese pizza (v) southern bbq chicken sandwich turkey & cheddar sandwich supper power kit! honey wheat crackers, cheddar goldfish, sunflower df by request (chicken salad sandwich) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> broccoli mac & cheese meal creamy chicken alfredo veggie taco salad (v) bbq chicken slider with goldfish pretzels df by request (chicken salad sandwich) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> chicken bites (df) chicken teriyaki (df) southwest veggie wrap (v) Island Chicken Wrap with Caribbean Sauce <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> pure beef cheeseburger chicken taco trio egg salad sandwich (v) (df) turkey ranch wrap <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> cheese pizza panada pie (v) spaghetti & meatballs (df) cheddar cheese sandwich (v) buffalo chicken sandwich <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> Buffalo Chicken Pizza crispy chicken sandwich (df) mighty meaty deli combo sandwich supper power kit! yogurt, educational snacks, pretzel goldfish, sunflower <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> firecracker chicken & noodles cheesy ravioli (v) chicken salad sandwich (df) turkey & cheddar sandwich <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> the revolution dog (df) chicken potstickers (df) sunny sandwich chet kit (sunbutter & jelly) (v) chicken caesar salad <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> cheese enchilada plate (v) chicken bites (df) ham & cheese sandwich southwest chicken wrap <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> mac & cheese and chicken sausages chicken taco trio chillin' chinese chicken noodles (df) cheddar cheese sandwich (v) <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> pure beef cheeseburger five cheese lasagna (v) bbq chicken wrap supper power kit! ranch rumbles, educational snacks, string cheese. df by request (chicken salad sandwich) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> cheese pizza panada pie (v) bbq chicken & cheesy rice veggie chef's salad (v) ham & cheese sandwich df by request (chicken salad sandwich) <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> chicken taco trio spaghetti & meatballs (df) egg salad sandwich (v) (df) buffalo chicken sandwich <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> chicken bites (df) cheese pizza (v) chicken caesar salad sunny sandwich chet kit (sunbutter & jelly) (v) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> cheesy chicken quesadilla southern bbq chicken sandwich southwest veggie wrap (v) mighty meaty deli combo sandwich df by request (chicken salad sandwich) <p style="text-align: right;">29</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> • snacker pack! cinnamon grahams, sunbutter, string cheese & celery (v) • turkey slider with sunflower seeds & carrots <p style="text-align: right;">1</p>
<ul style="list-style-type: none"> • snacker pack! ranch rumbles, string cheese, sunflower seeds & carrots (v) • snacker pack! cheddar goldfish, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • cheese please! pizza chef kit (v) • sir racha's chicken slider <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • chicken salad slider with broccoli • snacker pack! cinnamon grahams, sunbutter, string cheese & celery (v) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • ham slider with carrots • snacker pack! honey wheat crackers, sunbutter, string cheese & celery (v) <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • honey mustard chicken slider • snacker pack! cheddar goldfish, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> • snacker pack! ranch rumbles, string cheese, sunflower seeds & carrots (v) • snacker pack! educational snacks, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • chicken bites snackers with carrots • snacker pack! cheddar goldfish, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • cheese please! pizza chef kit (v) • snacker pack! cinnamon rumbles, string cheese, sunflower seeds & side salad (v) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • snacker pack! honey wheat crackers, sunbutter, string cheese & celery (v) • chicken ranch slider <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • teriyaki glazed chicken slider • snacker pack! cinnamon grahams, sunbutter, string cheese & celery (v) <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> • snacker pack! goldfish pretzels, string cheese, sunflower seeds & carrots (v) • snacker pack! salsa rumbles, string cheese, sunflower seeds & carrots (v) <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • cheddar cheese slider with sunflower seeds (v) • snacker pack! educational snacks, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • ham slider with carrots • snacker pack! cheddar goldfish, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • chicken salad slider with broccoli • snacker pack! cinnamon rumbles, string cheese, sunflower seeds & side salad (v) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • cheese please! pizza chef kit (v) • snacker pack! cinnamon grahams, sunbutter, string cheese & celery (v) <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> • snacker pack! educational snacks, sunflower seeds, string cheese & carrots (v) • snacker pack! cheddar goldfish, sunflower seeds, string cheese & carrots (v) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • bbq chicken slider • chicken bites snackers with carrots <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> • honey mustard chicken slider • snacker pack! goldfish pretzels, string cheese, sunflower seeds & carrots (v) <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • cheese please! pizza chef kit (v) • snacker pack! salsa rumbles, string cheese, sunflower seeds & carrots (v) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • picnic pasta salad with chicken • snacker pack! honey wheat crackers, sunbutter, string cheese & celery (v) <p style="text-align: right;">29</p>

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